



Sláintecare.
**Healthy
Communities**



Do you want to stop smoking?

We Can Quit is a free stop smoking programme, offering group support, one to one support and stop smoking medication.

Have you
tried to quit
before?

**We Can
QUIT**

Do you
want support
to quit?

Make this stop your last stop

Further details

Starting - Monday January 12th to Monday March 2nd

Time: 10am-12pm

Slaintecare Healthy Communities Hub, Mount Hawking, Athy. R14XY60

For more information or to register your interest: Contact- 0861363865

NRT- provided free to all participants enrolled in the programme.



Rialtas na hÉireann
Government of Ireland



Rialtas Áitiúil Éireann
Local Government Ireland